

Community Connections of Brockton  
& The Family Center

# Virtual Resource Guide 2021

The 11th Annual South Shore  
Leadership Conference

*Presents*



**Unity: A Celebration of Our Community Coming Together!**

# General Resources



Community Connections  
of Brockton &  
The Family Center



United Way of Greater  
Plymouth County

# Family Resource Center

We unite people, ideas and resources to improve the lives of people in Greater Plymouth County.

Our core values are: RESPECT, TRUST, SAFETY, WELLNESS, CARING, CONNECTIVITY, and EDUCATION.

Link Tree: <https://linktr.ee/FamilyCenterCC>

## Location

1367 Main St

Brockton, MA 02301

P: 508-857-0272

F: 508-857-3361

[United Way of Greater Plymouth County \(uwgpc.org\)](https://www.uwgpc.org)

# Meet Our Team

**Trayce Hillman** - Executive Director of United Way of Greater Plymouth County's Community Connections of Brockton and The Family Center.

[Trayce.hillman@ccbrockton.org](mailto:Trayce.hillman@ccbrockton.org)

**Maria Brennan**-Program Manager at the United Way of United Way's The Family Center.

[maria.brennan@ccbrockton.org](mailto:maria.brennan@ccbrockton.org)

**Patricia Daigle**-Administrative Assistant

Takes care of the office and makes sure it is organized for everyone. She orders supplies, screens phone calls, directs clients to the appropriate staff, collects intake information, works on special projects, and is there for anyone who may have questions.

[patricia.daigle@ccbrockton.org](mailto:patricia.daigle@ccbrockton.org)

**Kasey Dean**- Community Engagement Specialist

Helps with creating the South Shore Community Magazine as well as planning the annual South Shore Leadership Conference. Kasey will also be working with other staff to provide engaging community experiences for children and families in the South Shore Community.

[kasey.dean@ccbrockton.org](mailto:kasey.dean@ccbrockton.org)

# Family Support Workers

Helping families find resources for housing, food insecurities, utilities, and any other needs a family may be struggling with.

- ❖ **Claudia Cunha:** Her main objective is to provide resources for families. These resources can be referrals, contact information, or direct links to services and anything else that may come up. Claudia also facilitates a Parenting Journey group through the Family Center.

- ❖ [claudia.cunha@ccbrockton.org](mailto:claudia.cunha@ccbrockton.org)

- ❖ **Tiffanie Foster:** Her main objective is to provide resources for families. These resources can be referrals, contact information, or direct links to services and anything else that may come up. Tiffanie works closely with a variety of organizations and is learning how to be an educational advocate.

- ❖ [Tiffanie.foster@ccbrockton.org](mailto:Tiffanie.foster@ccbrockton.org)

# CRA and LCP

**CRA Diversionary Team** helps youth who are having issues with the home, school, and/or community. They provide assessments, resources, and referrals to both formal clinical resources and community programs.

❖ Susan Wolfe - Family Partner

[Susan.wolfe@ccbrockton.org](mailto:Susan.wolfe@ccbrockton.org)

**Local Consumer Program** - The LCP Program staff work actively with Family Center Staff, Consumers, and Community Partners to increase awareness and access of needed resources and to support consumers working in cooperation with the Massachusetts Attorney General's Office.

❖ Claudel Chevry - Consumer Advocate

[Claudel.chevry@ccbrockton.org](mailto:Claudel.chevry@ccbrockton.org)

❖ Jaqueline Cardoso – Consumer Advocate

[Jaqueline.cardoso@ccbrockton.org](mailto:Jaqueline.cardoso@ccbrockton.org)

# SOUTH SHORE COMMUNITY MAGAZINE

Spring 2022



Sponsored by Community Connections of Brockton

in alliance with

United Way of Greater Plymouth County



Would you like to be part of the South Shore Community Magazine? We are always accepting content submissions, advertisements, and contributions! Ask me about how to get involved!

## We regularly accept:

- Articles
- Cover Photo Entries
- Creative Writing
- Photography
- Resources
- Advertisements
- Community Spotlight Nominees

## We publish in the following sections:

- Health and Wellness
- Safe Spaces
- Effective Education
- Caring Adults
- Opportunities to Serve
- Faith

Email [Kasey.dean@ccbrockton.org](mailto:Kasey.dean@ccbrockton.org) to find out more information about how to submit content, advertise, or support the South Shore Community Magazine.

# Justice Center of Southeast Massachusetts LLC

a subsidiary of South Coastal Counties Legal Services



We provide **free** legal services to low-income and elderly residents of our communities in the following areas:

- Housing
- Education
- Civil Legal Aid for Victims of Crime
- Public Benefits
- Senior Law Project
- Immigration
- Family Law
- Employment

Our office covers Southeastern Massachusetts, Cape Cod, and the Islands, including:

- **Brockton**
- **New Bedford**
- **Fall River**

Intake line: 800-244-9023, M - Th, 9am-2pm

*in addition to a multilingual staff, an interpreter can be arranged for free*

[sccls.org](http://sccls.org)



# Children and Family Resources



# Self Help Inc

**Programs & Resources to Help Families & Individuals Thrive**

*The mission of Self Help, Inc. is to reduce poverty, increase self-sufficiency and improve the community by providing resources for people to create healthier, better lives and achieve their full potential.*

## Services

- ✓ [Fuel Assistance](#)
- ✓ [Weatherization and Energy Conservation Services](#)
- ✓ [Food Bank](#)
- ✓ [Senior Case Management/SHINE Counseling](#)
- ✓ [HEAD START](#)
- ✓ [Coordinated Family and Community Engagement](#)
- ✓ [ParentChild+ Home Visiting Program](#)
- ✓ [SNAP Application Assistance](#)
- ✓ [FREE Tax Prep \(Jan-April\)](#)

## Coverage Area

**Covering the Greater Brockton Area and Select Communities within Bristol, Norfolk, and Plymouth Counties.**

**Self Help Inc. serves more than 30,000 low-moderate income individuals each year, providing essential services to improve lives.**



**GOOD FOOD *and* A WHOLE LOT MORE!**



## ***WIC is a Federal Nutrition Program Located in Brockton***

**WIC has been a resource for families for more than 46 years! Providing nutrition education, healthy foods, breastfeeding support and More! WIC saves families an estimated \$100-\$200 dollars each month on their food budget, depending on household size!**

*Barbara Brooks, Community Coordinator  
Casi Whelan, Senior Nutritionist  
Robin Hoyt, Program Director*

# LOCATIONS

Brockton WIC	East Brockton WIC	Stoughton WIC
795 Pleasant Street (Main Location)	158 Pleasant Street (Brockton Community Health Center)	445 Central Street, Rm 272 (inside Old Colony YMCA)

**508-588-8241**

— *Serving* —

***Greater Brockton Area***

***Open by phone Mon — Sat***

***Accepting online applications 24 hrs/day 7 days a week***

*Brockton WIC has multilingual staff to assist families that speak: Cape Verdean Creole, Spanish, Portuguese, French, French Creole, Mandarin, and Vietnamese.*

*Additionally, we have access to the Language Line*

# Who is Eligible for WIC?

*Massachusetts residents with low to moderate income that are pregnant, post-partum or have children under age 5*

- Pregnant women may enroll as soon as they think they are pregnant
- Immigrant families are welcome at WIC
- Foster children under 5 years are automatically qualified
- Women up to 6 months after delivery and breastfeeding women up to 1 year
- Moms, Dads, grandparents and any guardian of a child under 5 years old may enroll on the child's behalf

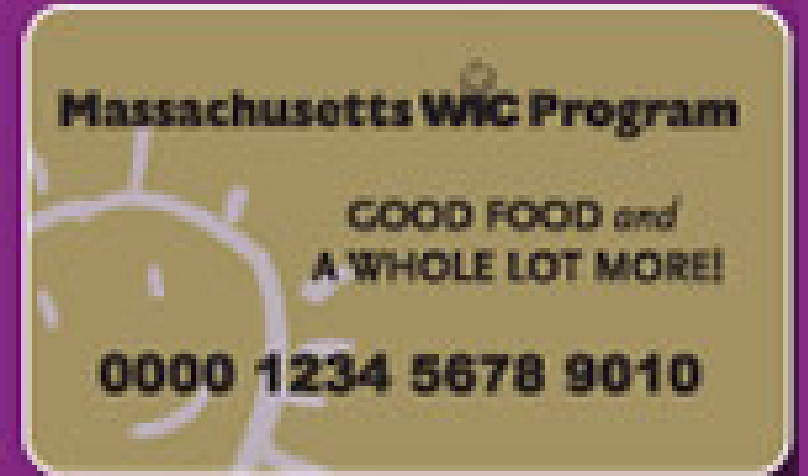


# WIC Today



*Is Simple To Use...*

...With a gold card that works like EBT, our very own WIC SHOPPER APP, which allows participants to keep track of their benefits, allowable foods, appointments and more!



# Questions?

[brocktonwic.org](http://brocktonwic.org)

Visit our website to help families request a WIC appointment - under “request an appointment” on the bottom right homepage

The screenshot shows the homepage of the WIC website. At the top, there is a navigation menu with links for ABOUT US, CONTACT US, SERVICES, BROCKTON, QUINCY, and WIC FORMS & RESOURCES. The main header features the WIC logo and the text "Women, Infants, and Children". Below this, a paragraph describes the WIC program's mission. A large image shows a woman and a young girl shopping in a grocery store. The main content area is divided into four sections: "Our Locations Brockton", "Our Locations Quincy", "Be Smart - WIC Smart! WICSmart", and "Request an Appointment Complete an On-Line Application Today!". Each section includes a brief description and a "LEARN MORE" button. A yellow arrow points from the text on the right to the "Request an Appointment" button. At the bottom, there is a section titled "WIC can help families keep their children healthy!" with a list of services: Pregnancy, Post-pregnancy, Breastfeeding, Infancy, and Toddler/Preschooler. A "OUR SERVICES" button is located below this list. To the right of this section is a box titled "H.I.P. will begin again on May 25th!" with a "LEARN MORE" button.

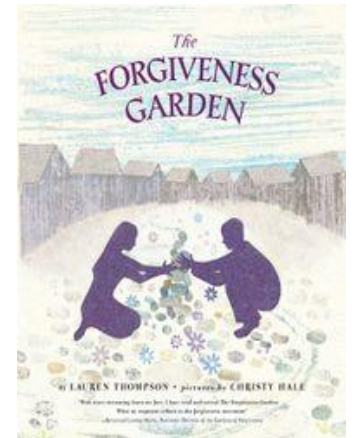
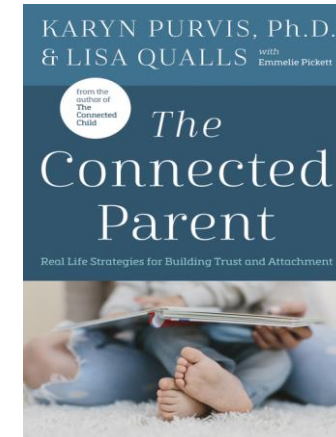
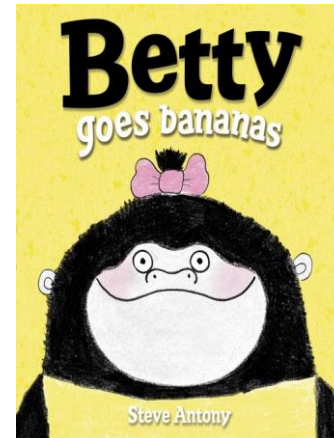
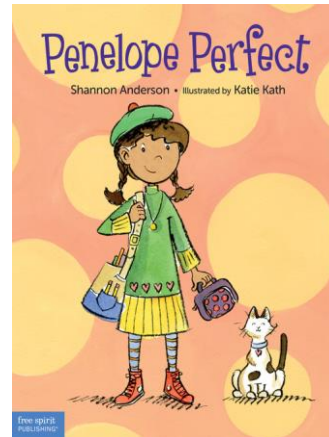
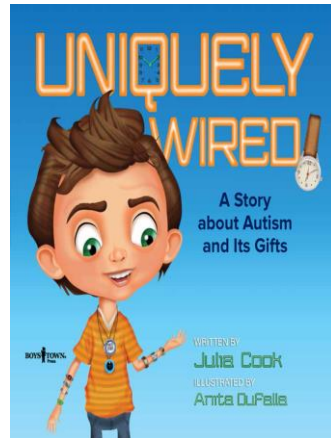
# THE RESILIENCY LIBRARY

A Digital Lending Library

# REGISTER NOW!

Click the link or scan the QR Code!

## A FREE, VIRTUAL LIBRARY THAT CONTINUES EXPANDING. BOOKS FOR THE WHOLE FAMILY!







Love and Light is a non-profit organization born in the heat of the pandemic that supports small businesses while giving proceeds to causes in need. Love & Light merchandise is made by collaborating with businesses in order to give a portion of proceeds to Lights In The Dark Foundation, which helps causes in need.



# Domestic Violence Resources



**Year-round  
Domestic Violence Awareness**



**Educational Workshops –  
Virtual or In-Person**



**Bedding Drive  
for D.V. shelters**



**Fund that helps with  
D.V. related expenses**



**White Ribbon Night Gala  
– Engaging men on  
awareness**



**Heel - A – Thon  
D.V. Awareness Walk**



**Homeless Brown Bag & Care**



**Some of  
LLN's  
year-  
round  
initiatives**

**NEED RESOURCES?  
NEED TO TALK?  
CALL/TEXT US**



*Love Life Now*  
*Foundation Inc.*

**888.LLN.9876**

**WWW.LOVELIFENOW.ORG**

# Foster Care Resources

# Did you know?

The Covid-19 pandemic has made it increasingly difficult to find foster families for youth who have experienced trauma, or those who have medical concerns?



Ascentria  
CARE ALLIANCE

# You can help foster children now!

Share our website with your friends  
and family on social media!

[www.ascentria.org/fostercare](http://www.ascentria.org/fostercare)





# You can help foster children now!

To learn about what it takes to become a foster parent, visit Ascentria's website at

[www.ascentria.org/fostercare](http://www.ascentria.org/fostercare)

or call Sara at (774) 434 - 5910



# Virtual Session

DEPARTMENT OF CHILDREN AND FAMILIES  
SOUTHERN REGIONAL RECRUITMENT



# Role of Foster Parents

- ▶ To provide care for children/youth while the agency helps their family address issues that would allow them to return home.
- ▶ Meet the needs of children/youth placed in your home. Provide them with physical and emotional support.
- ▶ To work collaboratively with DCF. As a foster parent you are an essential part of the team and an advocate for children and youth placed in your home.

# Eligibility

- ▶ You do not have to be a certain kind of person or family, successful foster parents come from many walks of life and represent all kinds of families.
- ▶ You can be single, married, partnered, divorced or widowed.
- ▶ You can rent or own a home.
- ▶ You can live in any town in Massachusetts.
- ▶ We encourage those to apply that speak different languages.
- ▶ We do not discriminate against race, age, martial status, disability, gender identity or expression.

# Eligibility II

- ▶ Complete an application that will then be processed by a recruiter. All household members who are 15 years or older will need to have a background check conducted.
- ▶ Recruiter will then arrange a time to meet with the applicant and continue to discuss eligibility. Home will be inspected for physical space and safety.
- ▶ For those who may have additional questions can be connected to a foster parent ambassador.
- ▶ Upon meeting eligibility recruiter will discuss MAPP and review training schedule that works for applicant.

# Massachusetts Approach to Partnerships and Parenting

- ▶ Gives a foundation to what to expect when Fostering/Adopting from DCF.
- ▶ Good time to access if foster care is right for you and your family.
- ▶ The MAPP experience is designed as a mutual assessment process.
- ▶ The training includes 10 modules that cover topics such as mental health, understanding how trauma impacts children, helping children transition and etc.
- ▶ MAPP is 30 hours of training and there are many options offered to families statewide.

# License Study

- ▶ After the third session of MAPP you will be assigned a Family Resource Worker and begin the license study process.
- ▶ Family Resource Worker will schedule a time to come out to your home and interview household members (as appropriate by age and verbal capacity). This includes individual interviews with applicant and co-applicant.
- ▶ The license study is a thorough assessment of personal characteristics and home environments of applicants to ensure that they are able to provide safe, nurturing homes that are in the best interests of the children.

# Ongoing Support

- ▶ You will be assigned a family resource worker who will visit your home and be your point of contact and support.
- ▶ Additional support includes foster parent support groups, monthly trainings, family resource liaison and the helpline.
- ▶ Masshealth is provided for all children that come into care with DCF for medical and dental services.
- ▶ Adolescent Services



# Questions



## REGIONAL OFFICES

**DCF Central Office**  
600 Washington Street  
Boston, MA 02111  
(617) 748-2000

**Boston Regional Office**  
451 Blue Hill Avenue,  
Dorchester, MA 02121  
(617) 989-9200

**Central Regional Office**  
13 Sudbury Street  
Worcester, MA 01609  
(508) 929 2000

**Northern Regional Office**  
280 Merrimack Street  
Lawrence, MA 01843  
(978) 557-2700

**Southern Regional Office**  
110 Mulberry Street  
Brockton, MA 02302  
(508) 894-3700

**Western Regional Office**  
140 High St.  
Springfield, MA 01105  
(413) 452-3350

1-800-KIDS-508 | [mass.gov/dcf](https://mass.gov/dcf)

# Resources for Families with Animals



**Animal Protection Center**  
OF SOUTHEASTERN MASSACHUSETTS

[www.apcsm.org](http://www.apcsm.org)

[info@apcsm.org](mailto:info@apcsm.org)

[Facebook](#)

[Instagram](#)



1300 West Elm St., Ext.  
Brockton, MA 02301

# WHO WE ARE



THE ANIMAL PROTECTION CENTER OF SOUTHEASTERN MA (APCSM) IS A 501(C)(3) EDUCATION AND OUTREACH ANIMAL SHELTER SERVING PLYMOUTH, NORFOLK, AND PLYMOUTH COUNTIES. SINCE 2009, WE HAVE PLACED OVER 7,000 ANIMALS INTO FOREVER HOMES.



OUR MISSION IS TO OPERATE AN OPEN ADMISSION ANIMAL CARE AND ADOPTION FACILITY, WITH FOCUS ON PREVENTION OF CRUELTY TO ANIMALS, EDUCATION AND OUTREACH; WHILE PROMOTING INCLUSIVITY, ACCEPTANCE, AND EQUALITY.



THE APCSMM OFFERS A VARIETY OF PROGRAMS AND EVENTS THROUGHOUT THE YEAR AND WE ENCOURAGE ANIMAL LOVERS OF ALL AGES TO PARTICIPATE.

# Resources for Pet Parents

Keep on the lookout

- Spay Waggin' meets at the Brockton APCSM to offer low cost spay/neutering, vaccinations, microchipping, and flea treatment all in one to pet parents
- APCSM offers low cost nail trims and microchipping/rabies vaccinations on occasion
- APCSM always accepts donations of pet food for the animals in their care
- APCSM often has "take only what you need" Pet Pantry drives in which families in need can get free pet food or donate as well
- APCSM has bake sales to raise money for the animals in their care as well as offering low cost carriers when available, tags, leashes/collars, etc.

# Educational and Developmental Resources



*Kaleidoscope currently provides both in-person  
and telehealth supports!*

*Contact us today to get started – no referral necessary!  
Services available throughout MA!*

Kaleidoscope is a provider for Mass Health's Children's Behavioral Health Initiative (**CBHI**) program and for select commercial insurance plans providing Intensive Family Therapy and Therapeutic Mentoring services.

We accept MBHP & Tufts MassHealth Plans and Commercial Insurances with BHCA benefits

**Call: 860.999.3823**

After 5pm & Weekends: 877.384.1729    Email: [ma@kfamilyolutions.org](mailto:ma@kfamilyolutions.org)

### **What is In Home Therapy (IHT)?**

IHT Therapy is designed to help families with children **ages 3-21** that have severe behavioral and emotional challenges. An experienced therapist and team member will meet with you 2-3 times a week to create a plan to address current problems and help accomplish your goals.

### **How do we help families?**

- Develop routine & structure
- Advocate for necessary resources
- Teach children better ways to manage feelings
- Improve listening & communication
- Work with your child's school
- Develop strategies to reduce emotional outbursts



# ***Intensive Family Therapy Program***

## **Who is eligible?**

- Children 3-21 with Masshealth plans with MBHP/Tufts coverage
- Children 3-19 with Commercial plans with BHCA benefits

## **Criteria for Admission:**

- More intense need than traditional 45 minute therapy provides
- Parental participation

## **What does IHT look like?**

- Support provided in multiple configurations: parent meetings, individual therapy, family therapy, sibling support.
  - Treatment plan designed with family to address acute needs.
  - Child's team is contacted to review treatment and coordinate care.
    - Natural supports engaged





# *Therapeutic Mentoring Program*

## **Who is eligible?**

- Children 3-21 with Masshealth plans with MBHP/Tufts coverage
- Children 3-19 with Commercial plans with BHCA benefits

## **Criteria for Admission:**

- Active participation with IHT therapist, individual therapist, or ICC
- Skill building assigned by “Hub” therapist

## **What does Therapeutic Mentoring look like?**

- Community based opportunities to learn/practice skills identified by therapist
- TM addresses: social skill development, emotional control, gaining practical skills
  - Weekly contact between mentor and “Hub” therapist to review progress
    - Ongoing contact with parent to review progress



## Contact

Yahaira Lopez, Founder

## Email

[Info@autismsprinter.org](mailto:Info@autismsprinter.org)

## Phone

617-475-0344

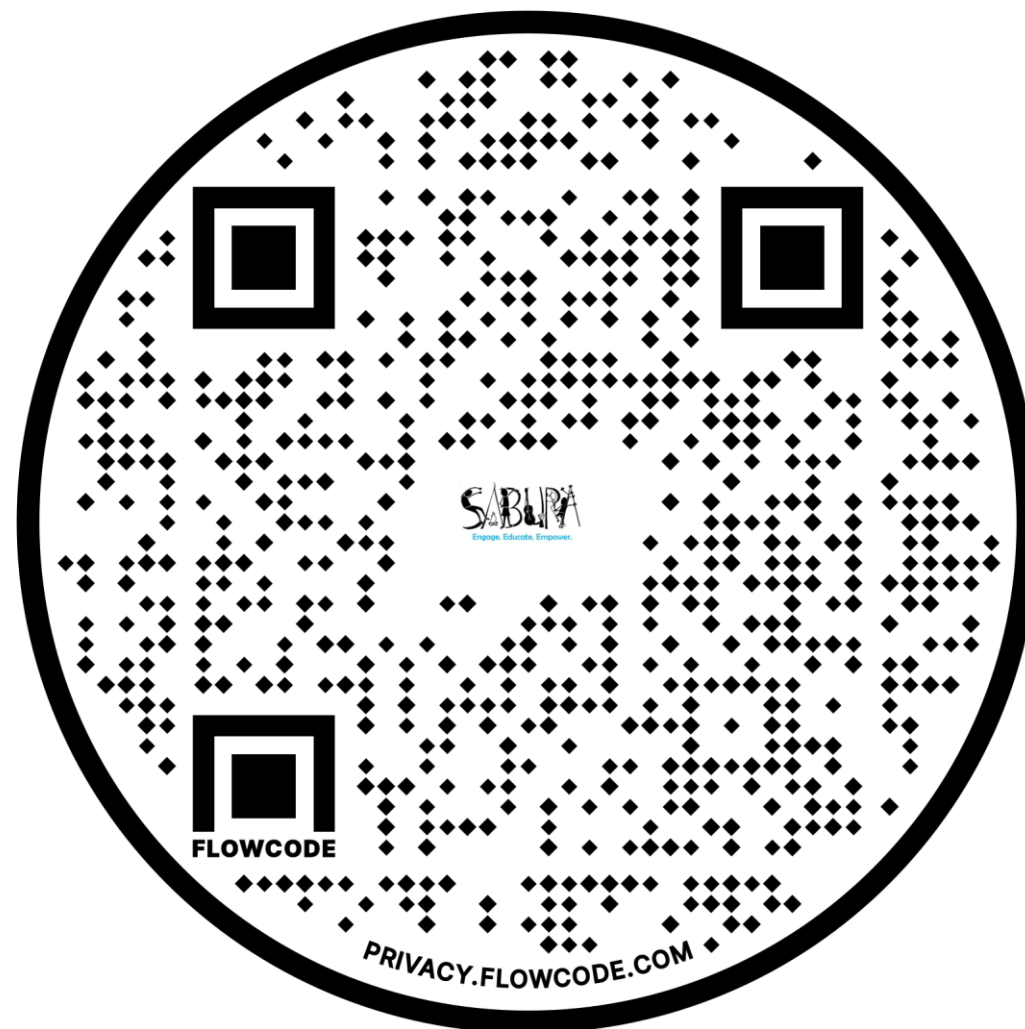
## Website

<http://autismsprinter.org/>



Engage. Educate. Empower.

**“[SABURA](#)”** is Cabo Verdean Kriolu for fun! It’s the joy you feel at seeing a loved one or experiencing your passion. We serve over 160 families in Brockton, MA including youth from diverse immigrant families—with a majority from Cabo Verde, and others from the Caribbean and Africa. Our parent group will offer year-round programs and training for adult family members.



# Additional Educational Resources

- <https://sites.google.com/view/brockton-talent-search>  
Brockton High School Engaging Program
- <https://stitech.edu/>  
Southeastern Technical Institute Adult Education
- <https://www.mass.edu/osfa/programs/earlychildhooded.asp>  
Early Educator's Scholarship
- <https://www.bpsma.org/schools/learning-at-home/k-5-resources>  
K-5 Resources
- [http://www.bpsma.org/uploaded/Programs-Services/BrocktonEducFoundation/Brockton\\_Resource\\_Guide -  
Ed & Training.pdf](http://www.bpsma.org/uploaded/Programs-Services/BrocktonEducFoundation/Brockton_Resource_Guide_-_Ed_&_Training.pdf)  
Brockton School Resources for Teens and Young Adults

# Co-Operative Business Resources

# Deb Bowman's Resources From



Would you like information on “Abundant Solutions”, then sign up for ACT CPA’s newsletter?

<https://www.act-cpa.com/e-mail-newsletter.html>

Would you like information on a creating a success formula for your business?

<https://www.act-cpa.com/success-formula-for-your-business.html>

**PHONE (508) 230-8756 | FAX (888) 374 3132**  
**50 Oliver Street Suite 215 North Easton Massachusetts 02356**

# Deb Bowman's Resources From



Would you like information an excel bookkeeping template?

<https://www.act-cpa.com/monthly-business-bookkeeping-and-mileage-log-in-excel.html>

Would you like information household budgeting or spending?

<https://www.act-cpa.com/household-budget-or-spending.html>

**PHONE (508) 230-8756 | FAX (888) 374 3132**  
**50 Oliver Street Suite 215 North Easton Massachusetts 02356**

# MASSIVE MEDIA LLC



Massive Media is a multimedia organization utilizing content that uses a combination of different content forms such as text, audio, images, animations, video and interactive contents across all social media platforms for marketing branding and business management purposes. Massive Media also plays a huge role in mixed media for the fine arts.



# Contact

- **Web Page:** <https://massivemediallc.com/>
- **Barbatt Jocelyn** Chief Executive Officer, Massive Media, [barbatt.joc@gmail.com](mailto:barbatt.joc@gmail.com), 508-818-2045
  - An up and coming man of the community, born in Boston, MA and moved to Brockton, MA at the age of 2. I grew up in Brockton and graduated 2010 at Brockton High School
  - A strong advocate for The Pursuit of Excellence Lifelong Learning and Success
  - Professional interests focus on communicative approaches such as; bringing art to Brockton
  - A couple of friends and I decided to start a podcast called 'For the Masses'. What started off with three friends in an attic doing their own podcast turned into a whole business. And we've been moving massive ever since





Brockton  
Interfaith  
Community

# Brockton Interfaith Community Co-op Development Team

- Brockton Interfaith Community (BIC) is a multi-faith, multi-ethnic non-profit organization from the greater Brockton area founded in 1990 with a mission to work collaboratively to promote racial and economic justice through faith-based community organizing
  - Builds power locally to create systems and structures for the purpose of establishing a more equitable and just world
- BIC's Co-op Development Team is working to facilitate a thriving network of worker owned cooperative ventures, where people are the masters of their lives and economic destinies
  - Yielding new opportunities for meaningful employment and a greater sense of self-worth for residents
  - Current ventures include housing, construction, health & wellness co-ops

# Resources

- Brockton Interfaith Community Co-Op Development Team

## Contacts

- Gamaliel Lauture: [glauture@brocktoninterfaith.org](mailto:glauture@brocktoninterfaith.org)
  - Barbatt Jocelyn: [barbatt.joc@gmail.com](mailto:barbatt.joc@gmail.com)
  - BIC Incubation team: (Scott Rosa [rscottrosa@gmail.com](mailto:rscottrosa@gmail.com), Gordon Hatcher [gph1004@comcast.net](mailto:gph1004@comcast.net), Deborah Bowman [deb@act-cpa.com](mailto:deb@act-cpa.com) )
- Web Page: <http://www.brocktoninterfaith.org/>
  - BIC Co-op Development Guide: Please contact any member of the BIC Incubation team
  - For further information the BIC Co-op Development Team can be reached using [co-ops@brocktoninterfaith.org](mailto:co-ops@brocktoninterfaith.org) or the email address for any of the team members above



# Boston Center for Community Ownership

- BCCO is a cooperative business providing training & consulting to the Co-op and Solidarity Economy sector. Founded in 2012, the UN International Year of Cooperatives. We believe in a worker-led approach to cooperatives and community economic development. Communities of color and working class communities provide the organizing strength to mobilize resources, workers bring skills, experience, and a drive to succeed, and BCCO brings the right tool at the right time so that those workers and communities can create the future they envision. BCCO provides a variety of services including:
  - **Customized training** for entrepreneurs: business planning, understanding business finance, rights and responsibilities of co-op membership, effective board leadership, finding financing to capitalize your business
  - **Facilitation services**, to guide your business through the process of strategic planning, policy development, peer-based worker evaluations, and practicing good governance.
  - **Financial modeling**, helping your team create a user-friendly tool for projecting profits and cash, and running a variety of scenarios for growth and investment.
  - **Research** into new product and market areas, consumer and/or worker satisfaction, and new models of community-owned business and investment
  - **Business incubation**, including bookkeeping, marketing, administrative and board support for co-ops that would like more hands-on support for startup and growth.

# Contact

- **Web Page:** <https://bccco.coop/>
- **Stacey Cordeiro,** [sc@bccco.coop](mailto:sc@bccco.coop) 617-446-3608
  - Co-op Organizer and founder of the Boston Center for Community Ownership.
  - Provides training, facilitation, and technical assistance to worker co-ops and other community owned businesses
  - Uses popular education methods to build upon the knowledge and experience other members, includes team building and leadership development to build personal and collective power, and translates complex business and economic concepts into plain language so that co-op members can be responsible and savvy entrepreneurs
  - Holds a Masters in City Planning from MIT, and provided technical assistance to cooperatives through the Cooperative Development Institute and Cooperative Economics for Women, before launching BCCO





# Cooperative Fund of New England

*Economic justice for all through thriving cooperative enterprises*

- The Cooperative Fund of New England (CFNE) is a non-profit community development loan fund that has been providing affordable capital to cooperatives and worker-owned businesses in New England and New York since 1975. We provide flexible financing and customized business education with a priority for co-ops in low-income areas and those led by people of color.
- We work for economic, social, and racial justice by advancing community based, cooperative, and democratically owned or managed enterprises with a preference to assisting cooperatives in low-income communities by:
  - Providing financial products at reasonable rates
  - Developing business skills
  - Offering an investment opportunity that promotes socially conscious enterprise

# Contact



- Web Page: [www.cooperativefund.org](http://www.cooperativefund.org)
- Carolyn Edsell-Vetter: [carolyn@coopfund.coop](mailto:carolyn@coopfund.coop) 781-219-8491
  - Carolyn is a Cooperative Business Support Officer at Cooperative Fund of New England, working with Spanish and English speaking applicants and borrowers to assess project feasibility and connect with culturally-appropriate technical assistance resources.
  - Carolyn joined CFNE after 19 years with A Yard & A Half Landscaping where she led their conversion to a worker-owned co-op and served as co-CEO
  - Carolyn serves on the board of the Cooperative Development Institute
  - The daughter of a Cuban immigrant, Carolyn is particularly interested in using cooperatives to create social and economic justice for immigrants, BIPOC, and others who have faced structural barriers to bringing businesses to scale

# Resources

- [“What is a Co-op” Zine](#)
  - Coop 101: history, values, why and how to start a co-op
- [US Federation of Worker Cooperatives](#)
  - Monthly start-up peer calls, group insurance plans, advocacy & education
- [Cooperative Development Institute](#)
  - New-England based developer focused on cooperative conversions and cooperative food systems
- [Becoming Employee Owned](#)
  - Information about worker-ownership, case studies, professional resources
- [ICA Group](#)
  - General worker-ownership information and sector-specific consulting (childcare, homecare, alternative staffing)



# Addiction Resources



**FIRST STEPS**  
**TOGETHER**  
FAMILIES IN RECOVERY SUPPORT

## Areas Served:



# FIRST Steps Together is currently accepting new referrals!

Services are currently being offered via telehealth **AND** in person home/community visits dependent on participant need and comfort. All aspects of the program are free and open to all who meet the eligibility criteria listed below. Our referral form is attached to this email for your convenience.

## ***Services include:***

**Family Recovery Support Specialists (FRSS)**- Recovery Coaches with specialized training in evidence-based parenting and recovery interventions. They can assist in coordinating amongst providers, relapse prevention planning, safety planning, and Plans of Safe Care/ pregnancy binders. The program has both male and female FRSSs on staff to provide the best fit possible for our participants.

**Clinical Services**- Counseling is an optional aspect of the program. Our clinician is available to enrolled participants in need of additional clinical support. Counseling can be provided for individuals or in support of the parent- child dyad.

**Groups**- Open to the public. Current offerings include Women's Recovery Support, Dad's in Recovery Support, and Relapse Prevention. Contact us for details and zoom links.

***Eligibility Criteria:***

Over 18 years old, and Pregnant or a parent of a child under 5

Services are provided regardless of custody status

*And one or more of the following*

Ever Used Opiates or Stimulants

Ever experienced an overdose

Ever used Medication for Opiate Use

Disorder (MOUD)

***For questions or to make a referral:***

Maddie Tarbox Clinical Supervisor

MTarbox@baystatecs.org

857-939-5054

Jen Seaberg Program Director

JSeaberg@Baystatecs.org

857-939-9681



First Steps Together is funded by a grant from the Substance Abuse and Mental Health Services Administration to the Massachusetts Department of Public Health. The program is administered by the Bureau of Family Health and Nutrition



# Additional Addiction Resources

## **Facebook Recovery Groups (logon to Facebook, search group, ask to join)**

- CLEAN AND SOBER: Addiction Recovery Support Group
- Daily Reflections AA
- Methadone & Buprenorphine Discussion and Support
- MIPSA: Methadone Information & Patient Support Network
- Mommy Group
- Recovery Soldiers
- Send it! (Recovery Network)
- Sober Mommies
- Voices to End Addiction & Inspire Recovery
- Women in AA

# Additional Recovery Resources

**WEConnect and Unity Recovery** - 4 times daily, 7 days a week (9 am, 12 pm, 3 pm, 9 pm EST) Join directly from computer or smart phone – [www.unityrecovery.zoom.us/my/allrecovery](http://www.unityrecovery.zoom.us/my/allrecovery)

**Women for Sobriety** - Helps women gain hope and encouragement with other women in similar circumstances. Offering tools to a healthier lifestyle <https://womenforsobriety.org/>

**Support for Families with a loved one with SUD Smart Recovery Family**  
<http://www.smartrecovery.org/family/>

**Learn to Cope** <https://www.learn2cope.org/>

**Recovery Apps** (download to your smartphone via app store/google play/website)

-Sober Grid (App Store)

-Celebrate Recovery (App Store)

-Smart Recovery (website: [www.smartrecovery.org](http://www.smartrecovery.org))

# Additional Parenting Resources

**Parenting/Families Hello It's Me** is a Facebook Group for families that are pregnant and close to delivery or home with a newborn during COVID-19 <https://www.facebook.com/helloitsmeproject/>

**Parenting Journey** is creating an emergency fund and families can request a stipend (it's not required that you have attended any PJ groups, any families in need of assistance are welcome to apply) for those impacted financially by the COVID-19 crisis <https://parentingjourney.org/>

**Parents Helping Parents** Parental Stress Line (available 24/7): 1-800-632-8188 Online Support Groups occurring every day but schedule changes week to week Check the website for schedule: <https://www.parentshelpingparents.org/>

-Click or copy this link to join the meeting by computer or smartphone: <https://zoom.us/j/6607380697>

-Dial in by phone: 1-646-558-8656 then input meeting ID 6607380697#

**National Parent Helpline** 1-855-4APARENT (1-855-427-2736)

**Sober Mommies:** Online Support Group for Moms in Recovery <https://www.sobermommies.com/>

# COVID-19 Resources

- COVID-19 FAQ's from Mass.gov <https://www.mass.gov/info-details/frequently-asked-questions-about-covid-19>
- CDC Information: Prepare your Family <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/checklist-household-ready.html>
- Talking to your children about COVID-19 (Multiple Language Available) <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>
- Just for Kids: Comic Exploring the New Coronavirus <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>
- Coping and Managing Stress <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>
- How to Avoid Passing Anxiety on to Your Kids <https://childmind.org/article/anxiety-and-coping-with-coronavirus/>
- National Child Traumatic Stress Network Resource on Helping Parents Talk to Children About COVID-19 (Multiple Languages) <https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/pandemic-resources>
- Link for Small Children from ZERO to THREE <https://www.zerotothree.org/resources/3210-tips-for-families-coronavirus>
- Link Boston + MA COVID-19 Resources <https://www.mass.gov/guides/resources-during-covid-19>



# Online/Phone Resources for Recovery Support, Parenting, and COVID-19 Recovery

## AA

<https://aaboston.org/> Local online and in person meetings <https://westernmassaa.org/> Online, zoom, and phone meetings, COVID-19 updates

<https://aa-intergroup.org/> Online guide to meetings, resources, and guidance

<https://www.onlinegroupaa.org/> Online meetings

**Pause a While** Hosting free conference calls for AA meetings at 2pm every day -Dial in Number: 425 -436-6360 -Access Code: 422932

**A Virtual Awakening** Closed online AA meeting for women, trans, and non-binary people Recovery literature, speakers, open discussion Sunday, Monday, Wednesday, Friday at 8:30 pm EST, Thursday 1:00pm EST <https://zoom.us/j/4822208285>

## NA

<https://nerna.org/> Lists of meetings in New England, Available Online Meetings

<https://na.org/> Find a meeting, statement on Coronavirus

Phone Meetings: [www.nabyphone.com](http://www.nabyphone.com)

Online Meetings: <https://virtual-na.org/>

[www.naspeaker.com](http://www.naspeaker.com) Streaming 24/7 Free NA Speakers

<https://neveraloneclub.org/> Online NA Meetings (NOT affiliated with NA World Service)

# Online/Phone Resources for Recovery Support, Parenting, and COVID-19 Recovery

## **Other 12-Step Meetings**

**Al-anon and Alateen** <https://ma-al-anon-alateen.org/> - COVID-19  
Announcement

<https://ma-al-anon-alateen.org/meetings/> - Meeting

**Cocaine Anonymous** - Offers online support and services <https://www.ca-online.org/>

**Marijuana Anonymous** <https://marijuana-anonymous.org/>

**Nicotine Anonymous** - Has online and telephone meetings, list available on  
website <https://www.nicotine-anonymous.org/>

## Healthy Incentives Program

Do you know about the **extra money** you get for **FRUITS AND VEGETABLES** through **SNAP**?



At a farmers' market, farmstand, or mobile market, ask if HIP is accepted, or look for the **HIP logo**.



### Household Size Monthly HIP

1-2 persons + \$40

3-5 persons + \$60

6+ persons + \$80

You must have **at least \$1 on your SNAP card** to access HIP dollars.

### Use HIP This Winter at Oakdale Farms!

Order online by 9 p.m. Mondays for delivery on Wednesdays. [oakdalefarmscountrybarn.com/s/order](https://www.oakdalefarmscountrybarn.com/s/order) or scan QR code with phone camera



Apply for SNAP  
DTAConnect.com

More HIP Info  
mass.gov/HIP, or email  
kschwalbe@semaponline.org



# SNAP Resource - HIP

<https://www.oakdalefarmscountrybarn.com/>

## Fresh from our Farm to Your Front Door

Purchase your items online and have them delivered right to your door!

*Scroll down to enter into the online store and SNAP/HIP order form.*

Orders must be placed before **Monday 9 PM**.

### Delivery Schedule

**Wednesdays** - Bristol County, Norfolk County, Plymouth County, Blackstone, MA and surrounding towns/cities

**Thursdays** - Rhode Island and Upper & Mid Cape Cod

**Fridays** - Malden, Medford, Melrose, Somerville, Wakefield, and cities/towns in the Greater Boston Metropolitan area

Subscribe to our mailing list to receive an email when the online store and order forms are updated.



Pinnacle  
Partnerships

www.pinnaclepartnerships.org



SCAN WITH YOUR  
PHONE'S CAMERA FOR:

- Current Brockton COVID Info
- Personal Protective Equipment Info (PPE- masks, sanitizer, etc.)
- How to Protect yourself & your family
- Vaccine Information



# COVID-19 Resources for Brockton Residents



www.pinnaclepartnerships.org

Text: 508.794.3869

Pinnacle Partnerships owned by two lifelong Brockton residents of Haitian and Cape Verdean heritage. Our Women-Owned, Brockton-based business supports schools & organizations to create & sustain; family-driven, culturally-rooted, and trauma-sensitive approaches to mental health in education across the state.

Pandemics are extremely traumatizing for families & societies and we are living through the most massive one of our lifetime. We believe partnering with community members and partners creates opportunities for Brockton and other communities to survive and thrive through this time together. There has never been a more important time to pay attention to both our mental and physical health!

**Pandemic Trauma**

**Pandemic Trauma (PT) refers to the cluster of symptoms, behaviors, and experiences that are the result of a prolonged period of cumulative stress, isolation, and uncertainty due to a global pandemic.**

Thank you to our phenomenal community partners

AKA- The Stomp Out Squad  !



A COMMUNITY EMPOWERMENT PROJECT

The Office of Mayor Robert F. Sullivan

www.JORBETHENMORTGAGEGUY.com

www.BlackSecurityLLC.com

INKDSTORES.COM



Click here to see upcoming events!

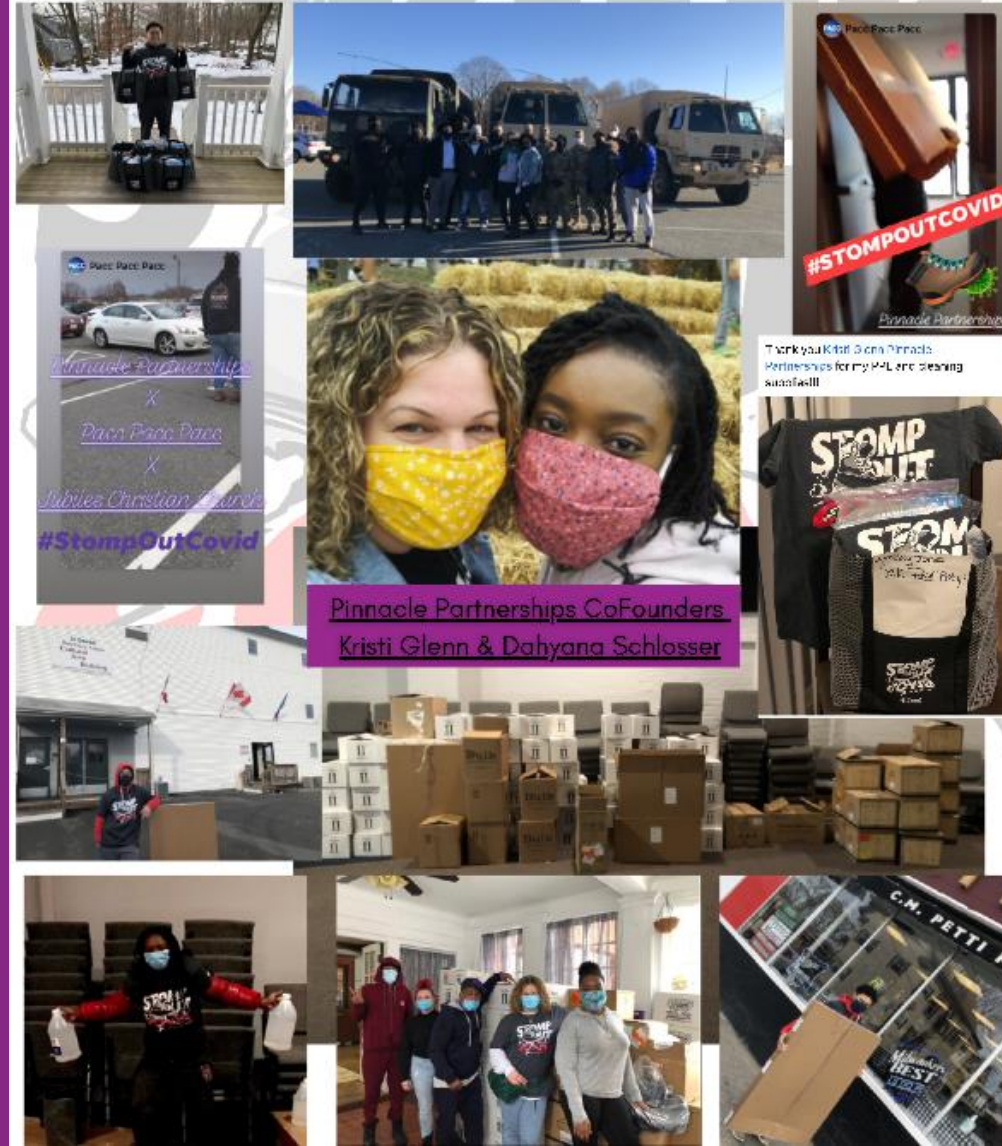
# The Stomp Out Squad

The SOS has dedicates time to planning, PPE distribution & delivery, engaging with the community, educating about COVID safety, and supporting Brockton.

Want to get involved or need support? Connect with us!  
We are in this together! City of Champions!



- Vax Clinics
- PPE
- Community Support
- Q&A
- Discussions
- Community Events



Join the discussion!



**You can't go back  
and change the  
beginning, but you  
can start where  
you are and change  
the ending.**

—  
**C.S. LEWIS**

**Thank you to all of our virtual resource  
partners!**

**Thank you to our attendees for making  
our second virtual Leadership  
Conference such a success!**

**Please do not ever hesitate to reach out  
for help, because we are not alone in  
this world and there is always someone  
who can help!**